



# Ruby Wax

Ruby Wax is a fantastic awards host, after dinner speaker, comedienne & motivational speaker.

Ruby first came to Britain in 1977 & initially trained as an actress working with the Royal Shakespeare Company. After two years, she moved into television writing for **Not the Nine O'Clock News** & subsequently teamed up with Dawn French & Jennifer Saunders working alongside them on a number of television series throughout the 1980s & 1990s including; **French & Saunders** and **Absolutely Fabulous**.

Ruby eventually got her own chat show & proceeded to gain access to a wide variety of personalities. Her inimitable style became her trademark & she provided the television public with a truly different insight into the lives of the rich & famous. She has appeared on numerous television shows including; **The Ruby Wax Show**, **Ruby Takes a Trip** & **Ruby**.

Ruby is also an accomplished stand-up comedienne & has taken her tour around the world, as well as participated at a variety of corporate events entertaining after dinner or presenting awards.

## **Motivational & Leadership Speaking:-**

Awareness is one of the tools Ruby uses to ground herself when interviewing famous or powerful people, to read their emotions & be able to control her own through self-awareness.

This helps her read their states so she knows when to back off & when to go in and put them at their ease to get them out of their '*automatic pilot mode*'. After showing a few video clips of her work, she describes how in the interviewing process one needs to be highly focussed, aware & emotionally present in order to bring the best out in her guests, getting people out from behind their masks & off their embedded scripts, so that the communication is authentic & the dialogue is '*out of the box*' & creative.

Ruby shows how, by way of some simple practical exercises, in a very short space of time, leaders can come to a deeper & more direct level of communication with their people, clients & colleagues.

The workshops combine humour with scientific & theoretical learning & practical exercises. Participants leave with a set of tools that will enable them to become more fully present – to themselves, clients, colleagues & subordinates. This kind of communication ensures that the individuals that make up an organisation work from a place of trust & transparency. Ruby demonstrates how leaders can get the best out of their teams by creating a climate of positivity, not fear. Fear or stress passes like a virus through organisations. Teams & people work at their best if they feel genuinely listened to & heard – not talked at.

- BBC – 20 years script writing, performing & interviewing
- MSc in Psychotherapy
- Neuroscience at UCL
- Personal executive coach for individuals
- Facilitate teams & leadership groups

Clients include; BAE, Orange, The Welsh Assembly, McKinsey, KPMG, Skype, eBay, Deutsche Bank, London Business School, Goldman Sachs, Merrill Lynch, Roffey Park, Microsoft, The Home Office, The Cabinet – Permanent Secretary, The Cabinet – Director Generals.

**For more information on Ruby Wax,  
Contact: 0113-239-2222**